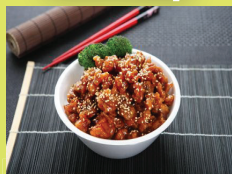


SparkRecipes® 7 Nights of Chicken Dinners

Chicken is the little black dress of lean protein. It's so versatile and easy to cook. You can eat chicken every night for a week and never feel like you're eating the same thing twice--and this week's menu will prove that.

Sunday



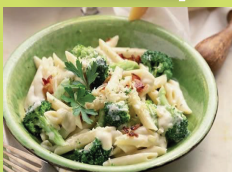
Sesame Chicken

Monday



Breaded Chicken Parmesan

Tuesday



Healthy Chicken Vegetable Casserole

Wednesday



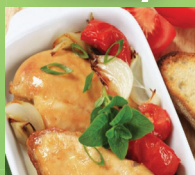
Slow Cooker Marinara Chicken and Vegetables (Chef Meg's Makeover)

Thursday



Garlic Brown Sugar Chicken

Friday



Baked Chicken with Garlic and Sun Dried Tomatoes (Chef Meg's Makeover)

Saturday



Honey Balsamic Chicken