

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com

★ You've Been Sparked!

SparkPeople.com is challenging cities across America to get fit and healthy, and I am trying to help Chicago lead the way!

Join the **SparkChicago.com** Diet & Fitness Challenge and **REACH YOUR GOALS!**

SparkChicago
www.SparkChicago.com